

**Application Guidelines  
for  
Graduate School of Health and Welfare Science  
(Doctorate Course)  
Special Application from Overseas**

**Okayama Prefectural University  
for  
the 2024 Academic Year**



# **Admission Policy of the Graduate School of Health and Welfare Science Okayama Prefectural University**

## **Admission Policy of the Graduate School of Health and Welfare Science**

The Graduate School of Health and Welfare Science strives to cultivate researchers and other professionals equipped with advanced knowledge, skill and research competence qualified to identify and resolve issues in the field of health and welfare, and who are capable of contributing to the development of a healthy society in which everyone enjoys a healthy and fulfilling life.

Each course conducts entrance examinations according to the admission policy to select students from Japan and abroad

## **Admission Policy of the Doctorate Course of Health and Welfare Science**

The Doctorate Course of Health and Welfare Science aims to cultivate practitioners, instructors, researchers, and educators in individual specialties equipped with highly-advanced knowledge that enables them to address a wide range of health and welfare issues through approaches to issues we encounter from the viewpoint of life, nutrition, nursing care, and welfare using their deep sense of ethics and comprehensive ability to make accurate judgments.

Therefore, we seek individuals with broad knowledge and skill in health and welfare as well as a deep sense of ethics, highly rational thought and the ability to make judgments who have advanced academic abilities as they develop and improve their communication skills, including English proficiency, and who are capable of identifying important issues related to health and welfare around the world to develop appropriate measures to address them.

Selection for admission is based on a comprehensive evaluation of a written examination of foreign language proficiency (English), the applicant's master's thesis and Research Project Overview as well as an interview to evaluate rational thinking and judgment, motivation, and personality.

Application Guidelines for Graduate School of Health and Welfare Sciences  
(Doctorate Course/Special Application from Overseas)  
Okayama Prefectural University for the 2024 Academic Year

### **I . Enrollment Capacity**

A limited number of selected students.

### **II . Qualifications for Application**

- (1) Must be confidently recommended by the President or the Rector of International Academic Exchange Partner Universities.
- (2) Hold a master's degree or plan to hold said degree by March 31, 2024
- (3) Have gained excellent grades for both bachelor's degree and master's degree.
- (4) Have extensive knowledge and enthusiasm for his/her research work
- (5) Must be proficient in English or Japanese to perform the task necessary for research.
- (6) It is preferred to have Japanese-Language Proficiency Test - N2 level or higher.

### **III . Enrollment Date**

Monday, April 1, 2024

### **IV . Application Procedure**

#### (1) Application

①Enclose the documents listed in "Application Documents" in an envelope and send by registered international mail via the designated university which can issue the recommendation letter. Application by e-mail cannot be accepted.

②Documents required must be written in English or Japanese.

#### (2) Application Period

From Monday, September 25, 2023 to Friday, September 29, 2023

#### (3) Where to send

Admission Service Section

Okayama Prefectural University

111 Kuboki, Soja-City, Okayama Prefecture 719-1197

## **V. Application Documents**

### (1) Application Form

Use the form provided (Form 1) and fill out completely.

### (2) Certificate of Graduation (Prospective Graduation)

Certificate must be issued and sealed by the president, the rector or the dean of the relevant university.

### (3) Transcripts

Transcripts must be issued and sealed by the president, the rector or the dean of the relevant university. Submit the transcripts listing grades of all credits obtained while at the university. (both undergraduate school and graduate school)

### (4) Master's Thesis

Applicants who hold a master's degree must submit a copy of their master's thesis or the abstract thereof.

Applicants who plan to hold a master's degree by March 31, 2023 must submit a report of research progress or work content.

### (5) Research Project Overview

Applicants must describe a field and theme of research that they are interested in working on. (Free format)

### (6) Two Recommendation Letters by the President or the Rector as well as the master's course instructor of the designated university

Recommendation letters must be issued and sealed respectively by the relevant persons.

### (7) Photo Card and Entrance Examination Admission Card

Use the form provided (Form 2 and 3) and fill out completely.

Write applicant's name on the reverse side of 4cmH x 3cmW color photo and affix it to the photo space with glue.

### (8) Others

Submit a copy of certification which proves the level of Japanese language (if applicant has one).

## **VI. Interview with the Supervisor and the Dean**

Prior to submitting an application, applicants are required to participate in two or more online interviews with the prospective supervisor and the dean of the Doctorate Course of their interest. These interviews should be conducted in either English or Japanese, and they will be held via web video conference platforms such as Skype, Zoom, etc. The video conference will connect Okayama Prefectural University with the designated university.

The deadline for these interviews is September 15 (Friday), 2023. To schedule these interviews, applicants must make an appointment by sending an e-mail to the Admission Service Section at [nyushi@oka-pu.ac.jp](mailto:nyushi@oka-pu.ac.jp) no later than September 1 (Friday), 2023.

Among the required "Application Documents," copies of documents (1), (4), (5), (6), (7), and (8) must be submitted to Okayama Prefectural University no later than two weeks before the date of the first interview.

the prospective supervisor

(\*This system is scheduled for the 2024 academic year. Some conditions may change.)

Concentrations	Name of Supervisor
	●...the dean Director or Head of the Concentration
Nursing Science Concentration	●MORIMOTO Michiko, Prof. OGINO Tetsuya, Prof. SUMIYOSHI Kazuko, Prof. MORINAGA Yumiko, Prof. MIKANE Sakae, Prof. KITAMURA Shinji, Prof OKAZAKI Yuka, Associate Prof. NAGOSHI Megumi, Associate Prof. INOUE Sachiko, Associate Prof. SASAKI Shinsuke, Associate Prof.
Nutritional Science Concentration	●YAMASHITA Hiromi ,Prof. YAMAMOTO Toshiko, Prof. IRIE Yasuyuki, Prof. ITO Hideyuki, Prof. TAKAHASHI Yoshitaka, Prof. KAWAKAMI Takayo, Prof. TANAKA Koichi, Prof. KAWAKAMI Yuki, Associate Prof. Ikeguchi Motoya, Associate Prof.
Health and Welfare Science Concentration	●TAKATO Jinro, Prof. KONDO Rie, Prof. NAKAMURA Hikaru, Prof. SAKANO Junko, Prof. IWAMITSU Kenji, Prof. MURAKOSO Takashi, Prof. TAKEMOTO Yoshihito, Prof. RAKUGI Akiko, Associate Prof.

## VI. Examination

(1) Examination Date      Thursday, October 19, 2023

(2) Selection

Selection for admission is based on a comprehensive evaluation of the oral examination and interview, which will be conducted in either English or Japanese via web video conference, as mentioned above.

(3) Allocation of Points

Subject 1    Academic Proficiency Oral Examination  
                   (associated with the preferred concentration)  
                   Points 100

Subject 2    Interview  
                   (based on applicant's master's thesis and Research Project Overview)  
                   Points 100

Total Points    200

## **VIII. Announcement of Successful Applicants**

- (1) Announcement Date      Wednesday, November 1, 2023
- (2) Announcement Procedure
  - ① Applicant will be informed of the result via the designated university which issued the recommendation letter.
  - ② Successful applicant will receive an official letter of acceptance as well as information about enrollment procedures via the university mentioned above.

## **IX. Enrollment Procedures**

- (1) Period                  Due no later than Monday, November 13, 2023
- (2) Procedure

Send documents required for enrollment to Admission Service Section by registered international mail via the designated university which issued the recommendation letter. Applicant who fail to complete the procedure by the specified date will be deemed to have declined enrollment.

## **X. Privileges of Successful Applicants**

- (1) Enrollment fee will not be charged.
- (2) Tuition will not be charged up to a maximum of three years.  
(This can be cancelled if the candidate does not meet the guidance of academic performance.)

## **XI. Security Export Control**

Okayama Prefectural University performs the security export control based on "Foreign Exchange and Foreign Trade Act" so that education and study contents to foreign students do not obstruct maintenance of international peace and the security.

International applicants who fall under any of the conditions set out in said regulations may be unable to enter their desired course or program.

## **XII. Others**

- (1) Application fee will not be charged.
- (2) Doctorate degree will be given according to relevant regulations of the Graduate School of Okayama Prefectural University and the enrollment through this special application does not always directly lead to the degree conferment.
- (3) Successful applicant must acquire necessary status of resident in Japan as "college student" by enrollment date with the cooperation of Okayama Prefectural University.
- (4) Even after an official letter of acceptance was issued, enrollment can be cancelled in case the contents of Application Documents should be confirmed to be false.

## **Invitation from the Graduate School of Health and Welfare Science (Doctorate Course), Okayama Prefectural University**

In a local society which is facing the development of low birthrate and an aging population as well as becoming complex and diversified, the urgent problem is to improve the health and welfare service infrastructure appropriate for such a society in order to realize a truly affluent society of greater welfare. Therefore, our university has been conducting more specialized education and research in the faculty of health and welfare science and the Master's Courses of the Graduate School based on the basic principle of "Defending Human Dignity and Enhancing Welfare" to cultivate individuals who can play a role as a driving force in the field of health and welfare science.

In addition to this, while aiming to construct an academic stronghold for further deepening of health and welfare science including maintenance and promotion of local citizens' health, it is also important to cultivate educators and researchers with high level views so as to be able to offer solutions to various problems concerning health and welfare. Therefore, this doctorate course provides education and research from multiple angles utilizing the specialties of each concentration, nursing science, nutritional science and health and welfare science.

### **Composition of Concentrations & Content of Education and Research**

#### **【Nursing Science Concentration】**

Nursing specialized personnel must recognize variously and rapidly changing social circumstances and find a method aimed at maintenance and promotion of people's health as well as prevention and recovery from diseases. For this reason, they must clarify arising phenomena and actual care in light of the historical transition of the concept concerning health and nursing and through nursing practices. This concentration provides education and research to develop a nursing system and care practices and also to contribute to improve nursing quality which are corresponding to various problems of patients with chronic disease or cancer and their family members as well as care needs of elderly citizens.

#### **【Nutritional Science Concentration】**

As Japan has become an aging society, we need to solve various problems on food and health in order to keep people away from chronic disease including lifestyle disease and to maintain and promote our health. This concentration conducts education and research aiming to ascertain nutritional phenomenon accompanied by meal from life science approach and apply to prevent disease in each process from primary to tertiary prevention. Research field ranges over exploring new functional food component and pursuing food safety, investigating the role of metabolic control system including lipid metabolism in chronic disease, and investigating control system in central nervous system of nutrition as a life phenomenon.

#### **【Health and Welfare Science Concentration】**

In a society of low birthrate and an aging population, clarification of health and welfare-related problems from the viewpoint of social welfare and health science contributes to the improvement of the quality of human health and life. This concentration targets mainly on children, disabled people, disabled children and elderly people and conducts education and research concerning their independence. The research fields are about (1) a theoretical pursuit of children's sound growth and the concept of guaranteeing ability development as well as a review of methodology concerning childcare/development support including support for

disabled children; (2) a theoretical pursuit and a study of methodology concerning an evaluation method of physical, intellectual or mental disability and the associated independence support; and (3) a pursuit of relationship between physical and cognitive changes associated with aging as well as a review of methodology to promote maintenance and enhancement of health of the elderly.



## Supervisors and Major Research Themes

FY 2024 preliminary curriculum

	Supervisor	Major Research Themes
Nursing Science Concentration	OGINO Tetsuya, Prof.	1.Life science that healthcare professionals should know 2.Changes in organism and response analysis in nursing practice 3.Functional modification of cellular tissue by oxidative stress
	MORIMOTO Michiko, Prof.	1.Creation of guidelines for protective wear for new or imported infectious diseases at clinical sites 2.Nursing care for nosocomial infections (Environmental improvement, etc.) 3.Development of antibiotic action and relaxation effects of perilla for nursing care
	SUMIYOSHI Kazuko, Prof.	1. Research on patients care with diabetes 2. Research on patient education 3. Research on interview methods using a solution-focused approach
	MIKANE Sakae, Prof.	1.Research on ethical issues in practical nursing care 2.Research on end-of-life care 3.Research on extending seniors' health life
	MORINAGA Yumiko, Prof.	1.Development of assessment guide for child abuse prevention from the perspective of studies on fathers 2. Research on in-service training for and cultivation of public health nurses 3. Research on public health activities and support for victims at the time of disaster 4. Research on public health nursing activities (regional organization activities, reduction of care-giving burden, etc.)
	KITAMURA Shinji, Prof.	1. Artificial intelligence research in medicine, nursing, health and welfare 2. Research on internal medical management in medicine and nursing 3. Research on chronic kidney disease and hemodialysis in medicine and nursing
	OKAZAKI Yuka, Associate Prof.	1.Study of adolescent healthcare 2.Research on child rearing support 3.Research on the issues encountered during each stage of the female lifecycle 4. Research on midwifery education
	NAGOSHI Megumi, Associate Prof.	1.Research on support for making decisions during therapeutic and palliative care periods for families of and patients with chronic diseases such as cancer and cardiac failure 2.Research on vocational identities of nurses and organizational development 3.Research on the response to sudden changes in the elderly, care givers, etc.
	INOUE Sachiko, Associate Prof.	1. Research on the role of nursing professionals in supporting the community life of people with severe mental illness, multidisciplinary collaboration, and use of resources 2. Research on support for people with severe mental illness and autism spectrum disorders, and their families
	SASAKI Shinsuke, Associate Prof.	1. Research on scientific grounds of nursing care/nursing skills 2. Measuring method development of visualized biological information 3. Development of new nursing assistance tools

	Supervisor	Major Research Themes
Nutritional Science Concentration	TAKAHASHI Yoshitaka Prof.	<ol style="list-style-type: none"> <li>1. Pathological and biochemical research on metabolizing enzymes of arachidonic acid</li> <li>2. Bioactive lipids and their pathophysiology</li> </ol>
	YAMAMOTO Toshiko, Prof.	<ol style="list-style-type: none"> <li>1. Study on food functionality for prevention of chronic diseases</li> <li>2. Novel nutritional significance of lipid components in milk</li> <li>3. Histochemical study on synthesizing enzymes of bioactive lipids in homeostasis and disease</li> </ol>
	KAWAKAMI Takayo Prof.	<ol style="list-style-type: none"> <li>1. Study of liver diseases and lipid nutrition</li> <li>2. Study of the development of nutrition evaluation indicators in education of nutrition and health</li> </ol>
	IRIE Yasuyuki, Prof.	<ol style="list-style-type: none"> <li>1. Analysis of Functions of new tumor suppressor, Amida</li> <li>2. Research on chronic kidney disease, CKDmodel, using extension cultivation stimulation model</li> </ol>
	ITO Hideyuki, Prof.	<ol style="list-style-type: none"> <li>1. Isolation and characterization of bioactive natural products</li> <li>2. Analysis of bioactive food components</li> <li>3. Bioavailability of functional polyphenols</li> </ol>
	TANAKA Koichi, Prof.	<ol style="list-style-type: none"> <li>1. Searching for and cultivation of microorganisms to manufacture fermented food products with new characteristics and functions</li> <li>2. Searching for and cultivation of microorganisms for efficient biomass energy production</li> </ol>
	YAMASHITA Hiromi, Prof.	<ol style="list-style-type: none"> <li>1. Skeletal muscle function on energy metabolism</li> <li>2. Functional food factors associated with skeletal muscle function, energy metabolism, and anti-aging.</li> <li>3. Functional food factors associated with prevention of muscle atrophy and life style-related diseases</li> </ol>
	KAWAKAMI Yuki, Associate Prof.	<ol style="list-style-type: none"> <li>1. Research on food constituent's mechanism of action and application to lifestyle-related disease</li> <li>2. Molecular biological research on arachidonate cascade</li> </ol>
	IKEGUCHI Motoya, Associate Prof.	<ol style="list-style-type: none"> <li>1. Development of functional food (food with health claims, health food, dietary supplements, etc.); Research on dose extrapolation from animals to human, Clinical research</li> <li>2. Research on systematic reviews for and meta-analysis approaches to functional material search and functional food development; Research on Japanese and overseas legal systems regarding functional food</li> <li>3. Surveys on consumer psychology and behavior, market and marketing, and development of concepts regarding functional food</li> </ol>

	Supervisor	Major Research Themes
Health and Welfare Science Concentration	KONDO Rie, Prof.	<ol style="list-style-type: none"> <li>1. Research on comparison between Japan, Korea, and France of child poverty, single parent family, child abuse, DV, foster parent, adoption, and bullying</li> <li>2. Research on cooperation between educational administration and welfare administration</li> </ol>
	IWAMITSU Kenji, Prof.	Town development through support for individuals (youth and disaster victims) living in poverty
	MURAKOSO Takashi, Prof.	<ol style="list-style-type: none"> <li>1. Research on social work related to seniors' loneliness prevention</li> <li>2. Research on employment support for with intellectual disabilities</li> </ol>
	TAKEMOTO Yoshihito, Prof.	<ol style="list-style-type: none"> <li>1. Research on human resource cultivation and management models utilizing supervision under high-stress environments</li> <li>2. Research on financial conditions of individuals with dementia and their family caregivers, and the utilization of social security systems</li> </ol>
	NAKAMURA Hikaru, Prof.	<ol style="list-style-type: none"> <li>1. Research on the development and aging of languages and recognition</li> <li>2. Research on assessment and intervention of neurogenic communication disorders (aphasia, higher brain dysfunction and dementia)</li> </ol>
	SAKANO Junko, Prof.	<ol style="list-style-type: none"> <li>1. Research on Life Skill of the mentally disabled</li> <li>2. Research on Sense of Coherence in mental health and welfare</li> </ol>
	TAKATO Jinro, Prof.	<ol style="list-style-type: none"> <li>1. Research on independent mobility support for blind and visually impaired persons</li> <li>2. Research on preventing or delaying the need for nursing care for the elderly</li> </ol>
	RAKUGI Akiko, Associate Prof.	<ol style="list-style-type: none"> <li>1. Research on group dynamics for clinical-psychological problems</li> <li>2. Action research regarding self-governance by residents in depopulated rural communities</li> </ol>

**Where to contact concerning application, entrance examination and other information**

Entrance Examination Team, Admissions Service Section  
Okayama Prefectural University  
111 Kuboki, Soja-shi, Okayama Pref. 719-1197, Japan  
Phone: +81-866-94-9163 (Direct Number)  
+81-866-94-2111 (Main Number)

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